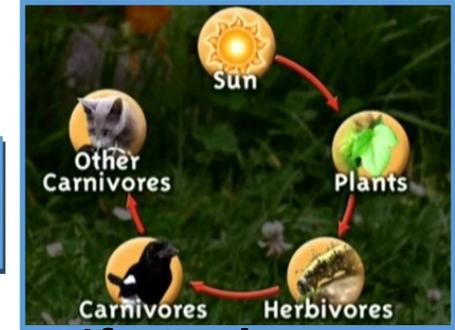




KNOWLEDGE ORGANISER

ANIMALS INCLUDING HUMANS



Life Cycles



Key Facts



Key Vocabulary

Carnivore	Eats meat only
Omnivore	Eats plants and meat
Herbivore	Eats plants only.
Offspring	The child of an animal
Lifecycle	A series of change that an animal passes through from birth to death
Diet	The food and water an animal needs
Exercise	A physical activity to keep your body fit
Hygiene	How clean something is
Germ	Bacteria or virus
Medicine	A substance that helps treat a disease or illness
Reproduce	When living things make a new living thing of the same kind

Animals need food, water and air to survive.

To look after yourself need to eat a balanced diet, drink water and exercise.

When we exercise our hearts beat faster and pump blood to our muscles.

To stop illnesses and infections we must wash our hands and stay clean.

There are five main food groups:

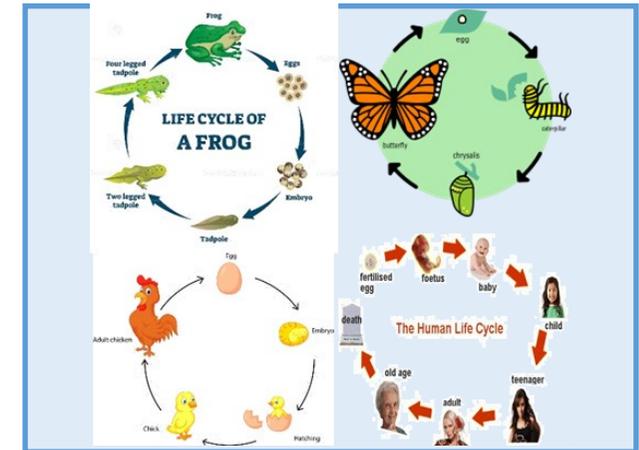
Fruit and Veg for our vitamins and minerals.

Bread, rice, potatoes, and pasta for our carbohydrates.

Milk and dairy food for our calcium.

Food and drink high in fats and sugars for energy.

Meat, fish, eggs and beans for protein



Characteristics of Living Things

- Movement
- Respire (breathe)
- Sensitive to the environment
- Nutrients
- Excrete (Get rid of waste/poo!)
- Reproduce (have babies)
- Grow.