You cannot mix raw meat with other ingredients.
It is not safe.
Remember to wash your hands after handling raw meat.

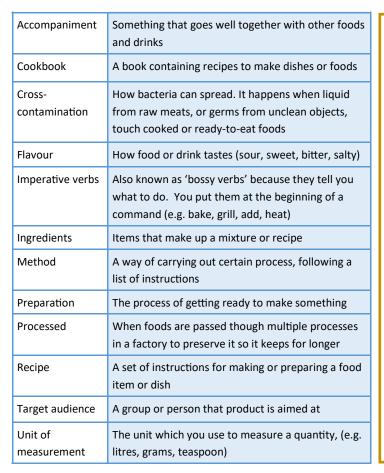
KNOWLEDGE ORGANISER

Food — Come Dine With Me

Did you know?

Hawaii produces about 1/3 of all pineapples in the world.

Key Vocabulary





Key Facts



The five different food groups are:

- 1) Carbohydrates
- Fruits and vegetables
- 3) Protein
- 4) Dairy
- 5) Foods high in fat and sugar



Many countries have traditional dishes. For example, India is known for hot curries, whilst England is known for fish 'n' chips which were historically served in newspaper.

